PSHCE long term plan

The numbers in brackets refer to the unit name in the online PDP

Van Gogh Reception	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
	Myself & My Relationships Beginning & Belonging (BB F)	Myself & My Relationships Family & Friends (FF F) My Emotions (ME F)	Citizenship Identities & Diversities (ID F)	Citizenship Me & My World (MW F)	Healthy & Safer Lifestyles My Body & Growing Up (BG F) Healthy Lifestyles (HL F)	Healthy & Safer Lifestyles Keeping safe (KS F)
Monet Year 1/2	**Autumn A**	**Autumn B**	**Spring A**	**Spring B**	**Summer A**	**Summer B**
Cycle A 2020/2021	Myself & My Relationships Beginning & Belonging (BB 1/2) Citizenship Rights, Rules & Responsibilities (RR 1/2)	Healthy & Safer Lifestyles Personal Safety (PS 1/2) Myself & My Relationships Anti Bullying (AB 1/2)	Healthy & Safer Lifestyles Drug Education (DE 1/2)	Citizenship Working Together (WT 1/2)	Myself & My Relationships My Emotions (ME 1/2)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 1) Healthy & Safer Lifestyles Relationships & Sex Education (RS 2)
Cycle B 2021/2022	Myself & My Relationships Beginning & Belonging (BB 1/2) Citizenship Rights, Rules & Responsibilities (RR 1/2)	Healthy & Safer Lifestyles Healthy Lifestyles (HL 1/2) Myself & My Relationships Anti Bullying (AB 1/2)	Healthy & Safer Lifestyles Managing Safety & Risks (MSR 1/2)	Citizenship Diversity & Communities (DC 1/2)	Myself & My Relationships Family & Friends (FF 1/2) Myself & My Relationships Managing Change (MC 1/2)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 1) Healthy & Safer Lifestyles Relationships & Sex Education (RS 2)

Kandinsky Year 3/4	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Cycle A 2020/2021	Myself & My Relationships Beginning & Belonging (BB 3/4) Citizenship Rights, Rules & Responsibilities (RR 3/4)	Healthy & Safer Lifestyles Personal Safety (PS 3/4) Myself & My Relationships Anti Bullying (AB 3/4)	Healthy & Safer Lifestyles Drug Education (DE 3/4)	Citizenship Working Together (WT 3/4)	Myself & My Relationships My Emotions (ME 3/4)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 3) Relationships & Sex Education (RS 4)
Cycle B 2021/2022	Myself & My Relationships Beginning & Belonging (BB 3/4) Citizenship Rights, Rules & Responsibilities (RR 3/4)	Healthy & Safer Lifestyles Healthy Lifestyles (HL 3/4) Myself & My Relationships Anti Bullying (AB 3/4)	Healthy & Safer Lifestyles Managing Safety & Risks (MSR 3/4)	Citizenship Diversity & Communities (DC 3/4)	Myself & My Relationships Family & Friends (FF 3/4) Myself & My Relationships Managing Change (MC 3/4)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 3) Healthy & Safer Lifestyles Relationships & Sex Education (RS 4)
Picasso Year 5/6	**Autumn A**	**Autumn B**	**Spring A**	**Spring B**	**Summer A**	**Summer B**
Cycle A 2020/2021	Myself & My Relationships Beginning & Belonging (BB 5/6) Citizenship Rights, Rules & Responsibilities (RR 1/2)	Healthy & Safer Lifestyles Personal Safety (PS 5/6) Myself & My Relationships Anti Bullying (AB 5/6)	Healthy & Safer Lifestyles Drug Education (DE 5/6)	Citizenship Working Together (WT 5/6)	Myself & My Relationships My Emotions (ME 5/6)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 5) Healthy & Safer Lifestyles Relationships & Sex Education (RS 6)
Cycle B 2021/2022	Myself & My Relationships Beginning & Belonging (BB 5/6)	Healthy & Safer Lifestyles Healthy Lifestyles (HL 5/6)	Healthy & Safer Lifestyles Managing Safety & Risks (MSR 5/6)	Citizenship Diversity & Communities (DC 5/6)	Myself & My Relationships Family & Friends (FF 5/6)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 5)

	Citizenship Rights, Rules & Responsibilities (RR 5/6)	Myself & My Relationships Anti Bullying (AB 5/6)			Myself & My Relationships Managing Change (MC 5/6)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 6)

Myself & My Relationships Anti Bullying unit to be completed during Anti Bullying week in November each year.

Economic Wellbeing units to be covered as appropriate throughout the year. For example, during the Enterprise project or raising money for charity, learning about poverty linked to charity days, harvest etc.

Healthy & Safer Lifestyles Relationships & Sex Education please refer to our RSE policy before teaching.