Abbots Ripton CE Primary School Lunch Menu <u>Autumn 2022</u> Children can choose between three options each day at morning registration.

N.B. menus are subject to change at short notice if delivery issues occur

W/C			W/C		
Option 1	Option 2	Option 3	Option 1	Option 2	Option 3
MEAT FREE MONDAY			MEAT FREE MONDAY		
Pasta with a tomato and vegetable sauce	Macaroni cheese	Jacket potato with cheese and/or baked beans	Margarita pizza with wedges	Tomato, sweetcorn and pepper topped bruschetta	Jacket potato with cheese and/or baked beans
ITALIAN DAY TUESDAY			ITALIAN DAY TUESDAY		
Beef meatballs in an Italian tomato sauce with pasta	Quorn meatballs in an Italian tomato sauce with pasta	Jacket potato with cheese and/or baked beans	Beef bolognaise with spaghetti	Quorn mince bolognaise with spaghetti	Jacket potato with cheese and/or baked beans
ROAST DAY WEDNESDAY			ROAST DAY WEDNESDAY		
Gammon with roast potatoes, Yorkshire pudding, vegetables and gravy	Quorn fillet with roast potatoes, Yorkshire pudding, vegetables and gravy	Jacket potato with cheese and/or baked beans	Roast chicken with roast potatoes, Yorkshire pudding, vegetables and gravy	Cheese and bean puff with roast potatoes, vegetables and gravy	Jacket potato with cheese and/or baked beans
PIE DAY THURSDAY			PIE DAY THURSDAY		
Chicken and sweetcorn pie with creamy mash potatoes, vegetables and gravy	Vegetable quiche with creamy mash potatoes and vegetables	Jacket potato with cheese and/or baked beans	Cottage pie topped with creamy mash potatoes, vegetables and gravy	Vegetable mix topped with creamy mash potatoes, vegetables and gravy	Jacket potato with cheese and/or baked beans
FISH FRIDAY			FISH FRIDAY		
Fish fingers, chips and spaghetti hoops	Quorn nuggets, chips and spaghetti hoops	Jacket potato with cheese and/or baked beans	Fish fingers, chips and spaghetti hoops	Mixed bean and vegetable burrito with chips	Jacket potato with cheese and/or baked beans

Available daily: water, bread, fresh fruit and cheese and biscuits.

Meals are charged at £2.40 a day for Kandinsky and Picasso children however Van Gogh and Monet children are entitled to Universal Free School Meals so there is no charge. You can pay daily, weekly or half termly but meals must be paid for promptly. Please send in the payment in a named envelope with your children or hand to the adult on duty at the gate. (Cash or cheques made payable to Abbots Ripton CE Primary School.

Direct payment can now be made. Please contact the school office for more details.