



Week Three Menu

WC: 9TH MAR, 30TH MAR, 4TH MAY, 15TH JUN 6TH JULY ,14TH SEPT, 5TH OCT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	MEATBALLS IN TOMATO SAUCE WITH RICE	CHICKEN & SWEETCORN PIE WITH NEW POTATOES	ROAST CHICKEN with ROAST POTATOES & GRAVY	SPAGHETTI BOLEGNISE	FISH FINGERS & CHIPS
VEGETARIAN	VEGETARIAN MEATBALLS IN TOMATO SAUCE WITH RICE	CHEESE & TOMATO PASTA BAKE	VEGETARIAN COWBOY PIE – VEG SAUSAGES WITH BEANS TOMATOES WITH A MASH POTATO TOPPING	MIXED BEAN FAJITA	VEGETABLE NUGGETS & CHIPS
SIDE DISH	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD
DESSERTS	CHOCOLATE COOKIE	ORANGE JELLY WITH MANDARINS	ICED LEMON SPONGE	SULTANA OATY COOKIE	FRUITY FRIDAY

AVAILABLE DAILY:

Choice of Fresh Salad Bar, Home Baked Bread, & Water



FUEL FOR YOUNG MINDS School Lunch menu

Our Menu

With this menu we continue with our achievement of Food for

Our menus meet or exceed government food standards for

Food for Life Bronze which briefly means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

School meals do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat and are nut free.

For more information on the award please visit foodforlife.org.uk/schools





Week One Menu

WC: 24TH FEB, 16TH MAR, 20TH APR, 11TH MAY, 1ST JUNE, 22ND JUNE, 13TH JULY, 31ST AUG, 21ST SEPT, 12TH OCT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	PORK SAUSAGE MASH & GRAVY	CHICKEN & TOMATO PASTA	ROAST GAMMON, ROAST POTATOES & GRAVY	BEEF LASAGNE	FISHCAKE & CHIPS
VEGETARIAN	VEGETARIAN SAUSAGE MASH & GRAVY	MACARONI CHEESE	ROAST VEGETABLE FRITTATA & ROAST POTATOES	VEGETABLE LASAGNE	VEGETABLE FINGERS & CHIPS
SIDE DISH	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD
DESSERTS	FLAPJACK	BANANA TRAYBAKE	SHORTBREAD	CHOCOLATE BROWNIE	FRUITY FRIDAY

AVAILABLE DAILY:

Choice of Fresh Salad Bar, Home Baked Bread, & Water



Week Two Menu

WC: 2ND MAR, 23RD MAR, 27TH APR, 18TH MAY, 8TH JUNE, 29TH JUN, 20TH JULY, 7TH SEPT, 28TH SEPT, 19TH OCT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	HAM PIZZA with OVEN BAKED WEDGES	MILD CHICKEN CURRY & RICE	ROAST TURKEY, ROAST POTATOES & GRAVY	ALL DAY BREAKFAST – EGG, BEANS POTATOES, FRESH TOMATO WITH BACON	COD OR SALMON FISH FINGERS & CHIPS
VEGETARIAN	CHEESE & TOMATO PIZZA with OVEN BAKED WEDGES	BBQ VEGETABLE AND MIXED BEAN WRAP	CHEESE & BAKED BEAN PUFF, ROAST POTATOES & GRAVY	VEGETARIAN SPAGHETTI BOLENESE	VEGETABLE FINGERS & CHIPS
SIDE DISH	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD
DESSERTS	APPLE CRUMBLE & CUSTARD	CINNAMON OATY COOKIE	VANILLA ICECREAM	JAM TART	FRUITY FRIDAY

AVAILABLE DAILY:

Choice of Fresh Salad Bar, Home Baked Bread, & Water