



# Food for thought workshop

**Wednesday 10 February 2021**

**10am to 11.30am**

An opportunity to think about healthy family food choices and encouraging positive experiences around food.

Aimed at parents of children under the age of five.

Delivered through Microsoft Teams, booking is essential.

Joining instructions and invitation will be sent by email.

**To book a space please call 01480 372700 option 1**

[www.cambridgeshire.gov.uk/child-and-family-centres](http://www.cambridgeshire.gov.uk/child-and-family-centres)